

CORE ESSENTIALS WOMEN'S MULTIVITAMIN



CORE ESSENTIALS WOMEN'S MULTIVITAMIN is a comprehensive daily multiple vitamin/mineral supplement targeting the diverse needs unique to women.

This formula features the core CORE ESSENTIALS WOMEN'S MULTIVITAMIN and probiotic profile:

- Active forms of B6, B12 and folate
- The bioenhanced form of Vitamin C, Pureway-C™
- Clinically validated form of Vitamin K2, MenaQ7®
- The most easily absorbed forms of Albion minerals
- Shelf stable probiotics for optimal digestive function*

In addition, three key blends were included to provide unparalleled system specific support:

- **Eye Blend:** Comprised of lutein, zeaxanthin and lycopene, all necessary for long term eye health and to support the retina and macula when exposed to blue light emitting devices.*
- **Longevity Blend:** This powerhouse blend of NAC, CoQ10, Alpha Lipoic Acid and Meriva® Curcumin Phytosome provides the foundational support for metabolic and neurological health as well as optimal detoxification.*
- **Women's Blend:** Women's bodies need balance to function properly and this blend, featuring Chasteberry, Ashwagandha, Calcium d-glucarate, L-Theanine and Cranberry Extract aims to provide all of the keys to balance female hormones, mood and the circadian rhythm.*

Supplement Facts

Serving Size 3 Capsules

Amount Per Serving

Vitamin A (as 50% Retinyl Palmitate & 50% Beta Carotene)	1,050 mcg
Vitamin C (as Pureway C®)	150 mg
Vitamin D3 (as Cholecalciferol)	25 mcg (1,000 IU)
Vitamin E (as d-alpha Tocopheryl Succinate)	20.1 mg
Vitamin K2 (as MenaQ7®)	80 mcg
Thiamin (as Thiamin HCl)	5 mg
Riboflavin (as Riboflavin 5-Phosphate)	3.5 mg
Niacin (as Niacinamide)	20 mg
Vitamin B6 (as Pyridoxal-5-Phosphate)	5 mg
Folate (as as L-Methyltetrahydrofolate Calcium)	400 mcg DFE
Vitamin B12 (as Methylcobalamin)	500 mcg
Biotin	300 mcg
Pantothenic Acid (as Ca d-Pantothenate)	10 mg
Choline (as Choline Bitartrate)	25 mg
Calcium (as Di-Calcium Malate) (DimaCal™)	50 mg
Iodine (as Potassium Iodide)	150 mcg
Iron (as Ferrous Bisglycinate Chelate) (Ferrochel™)	18 mg
Magnesium (as Di-Magnesium Malate) (Albion™)	50 mg
Zinc (as Zinc Citrate)	25 mg

Selenium (as Selenomethionine)	50 mcg
Manganese (as Mn Citrate)	2 mg
Chromium (as Cr Polynicotinate)	200 mcg
Molybdenum (as Molybdenum Glycinate Chelate)(TRAACS™)	75 mcg
Inositol	25 mg
Daily Best™ Eye Blend	
Lutein	3 mg
Lycopene	500 mcg
Zeaxanthin	500 mcg
Daily Best™ Longevity Blend	
N-Acetyl Cysteine	100 mg
Coenzyme Q10	50 mg
Alpha Lipoic Acid	50 mg
Meriva® (Curcuma longa root extract/ Phosphatidylcholine complex)	50 mg
Daily Best™ Women's Blend	
Chasteberry (Vitex angus castus) 4:1 extract	150 mg
Ashwagandha (Withania somnifera) Leaf & Root Extract yielding withanolides	125 mg 3.125 mg
Calcium d-glucarate	125 mg
L-Theanine	100 mg
Cranberry (Vaccinium macrocarpon) Fruit Extract yielding Quinic Acid	75 mg 4.5 mg
Bacillus coagulans	100 mg

Other Ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Suggested Use: As a dietary supplement, take 3 capsules daily, or as directed by your healthcare practitioner.



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